

Music & Movement Activities

What Does My Child Learn from Music & Movement Activities?

Why is my child playing? For the young child, play and work involve the same actions: interacting with people, manipulating objects, and making discoveries that help make sense of the world. Learning happens naturally through play. Play is the work of children. For school success, children must develop physically, mentally, emotionally, socially, and creatively. Play is a crucial part of this development of the whole child.

What Are Music and Movement Activities? Young children are active, creative, and spontaneous. They need to sing, to listen to music, to make satisfying sounds with simple musical instruments, and to use their bodies in rhythmic response to music. Song, dance, and musical instruments bring joy to children's play. The music and movement area in the classroom contains tapes, CD's, equipment for listening to music, rhythm instruments, and a variety of props such as scarves to encourage movement and creative dance.

What is my Child Learning? Young children enjoy music and movement activities and often use them to express feelings and emotions, relieving stress and increasing self-esteem. Listening skills, auditory discrimination, and concentration are all promoted through music and movement. Music helps children develop memory skills and language and literacy skills. Other learning taking place in the music and movement center includes social development, physical (large and fine motor) development, multicultural awareness, music knowledge and creativity.

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